

# East Para Primary School Anti-Bullying Behaviour Policy

We make our school **RITCHR**  
by doing the **RIGHT THING** at the **RIGHT TIME**  
for the **RIGHT REASON**



**INTEGRITY**  
Be the best person you can be

**Respect**  
Value yourself and others.  
Respect differences.

**Trust**  
Believe positively in others and they will believe in you.

**Caring**  
Care for yourself, others and the environment.



**Honesty**  
Be open and honest in all that you do and say.

**Responsibility**  
Be responsible for your actions.



East Para Primary School Community is committed to providing a safe environment, which fosters the values of Respect, Integrity, Trust, Caring, Honesty and Responsibility and does not tolerate bullying behaviour.

**At Our School, Bullying Behaviour Is Defined As:  
An ongoing misuse of power in relationships through repeated verbal, physical and/or social behaviour that causes physical and/or psychological harm.**

**Bullying behaviour can take many forms. Some examples of bullying behaviour are:**

- Deliberately being left out of games or conversations
- Being repeatedly hit or kicked
- Being repeatedly called names
- Being intimidated by someone
- Being harassed by SMS on mobile phones or through the Internet
- Posting photos/videos on the Internet or taking photos/videos on mobile phones without the consent of the person in the photo/video
- Deliberately having your belongings hidden or stolen

**What can you do about bullying behaviour?**

If you are being bullied or you know someone who is being bullied, please report it.

**Who should you report to?**

Report bullying to a trusted adult, your teacher, a leadership member or the counsellor. Tell your parents or caregivers too.

**How to report?**

Tell the trusted adult:

- Where the bullying behaviour happened
- How often it has happened
- What you have done to try and stop it happening

**When to report?**

Report the bullying behaviour to a trusted adult as soon as it happens. Do not ignore it. When bullying behaviour is ignored it may get worse. Keep on reporting if the bullying behaviour is still happening.

## What do we do about incidents of bullying behaviour?

- We will listen and talk to the person who has been a victim of bullying behaviour and the person who has been doing the bullying behaviour.
- We will put negotiated consequences in place for the person who has been doing the bullying behaviour. These may include time out, office time out or suspension
- We will use Restorative Justice processes to help everyone involved to improve their relationships with each other

**Please note:** At EPPS, these steps may change depending on the circumstances. This is because each person is different and each incident of bullying behaviour is different.

## What do we do at EPPS to address and reduce bullying behaviour?

**If bullying behaviour happens at EPPS we use Prevention, Intervention and Post-Intervention strategies.**

**Prevention Strategies include:**

- Through the curriculum teaching students about our values of respect, caring, responsibility
- Developing programs to help students participate and have a say in their learning.
- Teaching students social skills that involve problem solving, emotional regulation and conflict resolution e.g. What's The Buzz
- Talking openly with students about bullying behaviour and its effects
- Teaching students about diversity
- Providing all staff with professional learning on the development of student collaboration

**Intervention Strategies include:**

- Counselling students who have been targets of bullying behaviour
- Counselling students who take part in bullying behaviour
- Talking with parents about the situation
- Putting consequences in place for those using bullying behaviour
- Teaching students to be responsible bystanders
- Ensure all staff know how to effectively address bullying behaviour

**Post Intervention Strategies include:**

- Monitoring the situation between the students to ensure everyone's safety is maintained
- Talking with parents or caregivers about strategies
- Dealing with "hotspots" in the yard
- Reviewing our yard behaviour procedures to make sure they are effective

## Useful Resources:

[www.bullyingnoway.com.au](http://www.bullyingnoway.com.au)

[www.cybersmart.gov.au](http://www.cybersmart.gov.au)

[www.kidshelp.com.au](http://www.kidshelp.com.au)

Kids Helpline 1800551800



If you would like further information about bullying behaviour or you would like to know anything else about our school, please contact us.

Telephone: 08 82643944

# IS IT BULLYING?

When someone says or does something unintentionally hurtful and they do it once, that's

**RUDE**

When someone says or does something intentionally hurtful and they do it once, that's

**MEAN**

When someone says or does something intentionally hurtful and they keep doing it- even when you tell them to stop or show them that you're upset- that's

**BULLYING**

